



CALENDAR

Continuing Medical Education (CME) Calendar

**OCTOBER 30, 2014 –
THURSDAY**

Prescription Drug Abuse

Holiday Inn Gateway, Flint

5:30 pm – 7 pm

Approved for AMA PRA Category 1
Credit™

To register Call: 1-855-310-3627

or Online: www.education.hurleymc.com/cme/calendar

**NOVEMBER 19, 2014 –
WEDNESDAY**

Infectious Disease Symposium: Hepatitis C Update

Holiday Inn Gateway, Flint

5:30 pm – 7 pm

Approved for AMA PRA Category 1
Credit™

To register Call: 1-855-310-3627

or Online: www.education.hurleymc.com/cme/calendar

**For information regarding
additional Hurley Medical Center
CME activities, please visit:
www.hurleymc.com> Education &
Research > CME Calendar**

If you have any questions,
please contact the
CME Department at 810.262.9142

Hurley 2013 Pinnacle Award Recipients

It is with great pleasure that we announce physicians nominated by their peers as the Hurley Pinnacle Award Recipients for 2013.



Primary Care Physician
Dr. Seif Saeed
Internal Medicine/
Pediatrics



Specialty Care Physician
Dr. Larry Young
OB/GYN

Please extend warm family embraces to both of our physicians for their outstanding achievements and recognition. These physicians demonstrate what it means to be a recipient of the Pinnacle Award, as they epitomize the height of professionalism, show unwavering commitment to our community, demonstrate dedication to the medical center, and consistently and unflinchingly embody Hurley's mission of "Clinical Excellence. Service to People."

Larry Young, MD Specialty Care Physician

2013 Pinnacle Award Recipient
October 15, 2014

"Here I am. Here I stand. Lord, my life is in your hands. Lord, I'm longing to see your desires revealed to me. I give myself away. My life is not my own. To you I belong. I give myself to you." ~ William McDowell

"God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another." – 1 Peter 4:10-11. Dr. Young strongly believes that when you have been given a gift, you should use it. And, use it, he has. He feels that his purpose in life is to care for patients.

A graduate of Flint Central High School, Dr. Young completed his undergraduate training at the University of Michigan and his graduate studies at Howard University College of Medicine. He completed his residency at Hurley Medical Center and has been an active member of Hurley Medical Center's staff since 1987. He served as Vice Chairman and Chairman of the OB/GYN Department and Clinical Director of Safety and Quality for the

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Please share your stories. We'd love to hear from you.



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Larry Young, MD
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OB/GYN Department. He is a Diplomate of the American Board of Obstetrics/Gynecology.

When asked what brought him to Hurley, he indicated, "Flint is home." He elaborated that Hurley has always been the hospital he sought care from. In his youth, he was a patient here and remembers that time fondly. When he came to Hurley to complete his residency, there was no doubt in his mind that this is where he wanted to practice medicine. "Hurley provides a sense of family and is very unique and diverse while having a mission of excellence that is paramount." He is also pleased that Hurley offers a wealth of programs and is a pillar in the community. "Hurley is a testament to what you can accomplish."

Dr. Young is Assistant Clinical Professor of Obstetrics/Gynecology for the Michigan State University College of Medicine. He conducts research and teaches medical students and Hurley OB/GYN resident physicians. Dr. Young says of his teaching experience, "It gives me an opportunity to work with students and residents. I am allowed to give my knowledge and personal experience and become a conduit/transition to others which allows him to carry out what is important to him in life."

Giving back to the community is very important to him. Dr. Larry Young is an active member of North Star Baptist Church and serves as their Elder and Youth Leader. He is also a member of Omega Psi Phi Fraternity. He also serves as Founder Board Member for Flint Community School Foundation as well as serves on the board for the Flint Golf Club. He stated as he was growing up, a lot of members of the community inspired him and planted a believable vision to become a physician. For this reason, Dr. Young feels that it is important to give back to your community what you have received.

Among his many awards and ongoing achievements, Dr. Young states that he is most proud of having received the Pinnacle Award because of what it stands for (Community Service and Peer Recognition). He is especially pleased that his peers have an intimate knowledge and feels he is bringing honor to their profession.

Dr. Young began his private practice in 1987. In 2006, Dr. Young established a practice with Hurley Health Services. He indicates that he has been provided support and leadership mentoring by physician leaders, Dr. Samuel Dismond, Dr. John Hebert and Dr. David Pyatt.

In his spare time, Dr. Young enjoys golf, reading (nonfiction and books that enrich the soul), astronomy and anything else that brings clarity to God's spirit. Born in Shreveport, Louisiana, (the youngest child of five children), Dr. Young has been married for 16 years to Carol Young. They are the proud parents of three children; Larry (Jihan) Young II, MS (Computer Technology) currently resides in Battle Creek, Michigan; Omari Young, MD currently resides in Boston as he completes his residency at Harvard University OB/GYN; and, Destinee Young currently a sophomore at Grand Blanc High School.

Hurley Welcomes New Physicians

Andrew Luea, DO - Surgery (Urology)

Ixxy A. Ramirez, MD - Pediatrics Pulmonary

Robert Stenz, DO - General Surgery

Medical Staff Elections

The Ballots for the 2014 Medical Staff Election will be mailed out on Wednesday, October 29, 2014 for all Active w/Vote Medical Staff members. You may return your ballot up until Friday, November 28, 2014 at 5:00 p.m. via US Mail in the envelope provided or by dropping it off at Plante Moran (4444 W. Bristol Road, Suite 360, Flint, MI 48507).

The Election is to fill the following offices: Chief of Staff, Vice Chief of Staff, Secretary/Treasurer, and 3 Member at Large positions.

The Hurley Diabetes Center

The Hurley Diabetes Center has completed an 8 month long process of reflection and review, and has revised the adult self-management series and teaching materials. There are now only 5 sessions, instead of 7. Classes are covered by most major insurances, including Medicare and Medicaid. Pre-diabetes is not currently covered, but weight management is a covered benefit of the Affordable Care Act.

- The series begins with "Getting Started", which covers some basics about what diabetes is and an introduction to meal planning.
- Session 2 is an individual assessment paired with "Eating and Exercise", which gives you an individualized meal plan and shows how exercise affects your blood sugar.
- Class 3 is "In Charge" and you learn how to manage your diabetes and set goals to get where you want to be.
- Class 4 is "Medication and Monitoring", to learn about the different medications and how they work. You'll also check your blood sugar and learn what the number is telling. Insulin is addressed, just to reduce the fear factor for those who are not on it.
- The final class is "Eat to Live", offering information on heart healthy eating, label reading, and eating out, alcohol.

Revised bar coded order forms are located on the intranet. Instead of one form, the adult form is #001173, and the pregnancy program is #002452.

For more information, questions or if you would like a short in-service on diabetes for your office staff, please call Michele Bernreuter, MS RD CDE, diabetes program manager, at 262-2311.

ACE UNIT UPDATE

Now that we've introduced ourselves to you, you may be wondering how our team impacts patient care here at Hurley Medical Center. Let us tell you some of what we do while we are providing our service:

- You will begin seeing us join your interdisciplinary rounds whenever we are able, in order to help manage care on behalf of the geriatric patient population. It is imperative that, while we are treating our patients 65 and older, we ensure that they will not physically, functionally, or cognitively decline. When our patients suffer this deconditioning and debility while they are in the hospital, it is usually because they stop moving around and socializing as much as they do at home. We are very focused on working with families and healthcare teams to maintain the patient's status in each of these categories, so that they are not forced to be discharged to any destination, except the community from which they came.
- As we see your patients and families, we use the evidence base to form recommendations that support our goal of preventing those declines in function and cognition. We use the care plans to communicate our notes to the rest of the care team and we copy and paste our notes right onto the Treatment Team Sticky Note, so that team members can see it on their widgets during handoffs.
- We are currently working with EPIC® so that we may begin completing discharge phone calls on the patients in the population we serve. We're hoping talking directly with the patients and families we were closely watching in the hospital will help prevent gaps in knowledge and unnecessary re-admissions.
- We are including ourselves in the pre-admission process so that we are able to meet patients and families prior to their elective surgical interventions. We use this opportunity to assess the patient at baseline, educate the patient and family about how to minimize post-surgical risks including delirium, and help them feel at ease about making the choice to have elective surgery at Hurley Medical Center. Then, as close as possible to when the patients come back from their surgeries on surgical day, we visit them again to reinforce the education we've offered to the patient, family members, care partners, and staff and look for early signs of complications.
- You'll see us looking for opportunities to provide small educational offerings to departments. We have a lot of evidence-based knowledge to share, and want to share it with you! We are so excited to support the care efforts of our physicians and to work directly with staff to ensure the best outcomes for our older adult population.

We support the mission and vision of the Medical Center as we strive to deliver the highest standards of care to our geriatric population and their families so that they will always choose Hurley.

CLINICAL DOCUMENTATION TIP OF THE MONTH

Let's capture severity with Congestive Heart Failure! Two components must be documented in order to capture the complete diagnosis. The first component is Acuity (acute, chronic, acute on chronic). The second component is Dysfunction (systolic, diastolic, systolic and diastolic).

Remember, active treatment is needed before a diagnosis can be made ie. Lasix, monitoring. It is important to always provide the dysfunction of the CHF, even if medication changes are not made. Specificity is key to quality charting. Next time your patient is admitted for "CHF," please consider these components.

For questions/comments contact the clinical documentation improvement department at extensions: 26477, 22407, and 22408.

Professional Medical Staff Reappointment Deadline - October 31

Reminder – Medical Staff reappointment packets were due back to the Medical Staff Office on July 15, 2014.

Thanks to all the medical staff members who have already returned their applications. If you have not done so already, please complete the reappointment packet and return it in the postage paid envelope provided.

If you have not received a reappointment packet and are a member of the Departments of Anesthesia, Emergency Medicine, Obstetrics & Gynecology, Pathology, Radiation Oncology, or Radiology and/or if you have any questions, please contact the Medical Staff Office at 810.262.9239.

Hurley Performs Second Same Day Knee Replacement Surgery

The Center for Joint Replacement is excited to announce our second successful same day knee replacement surgery! With joint replacements lasting much longer than in previous years, patients are no longer forced to wait until they are older. We are seeing many patients in their 50's who are so relieved they don't have to suffer into their 70's to be 'old enough'.



Replacing joints on younger patients, when needed, actually makes much more sense. Younger patients are typically healthier and stronger and recover more quickly. We are so excited to be able to offer access to improving our patient's quality of life while they are still able to be very active. Cathy Metz, Musculoskeletal Service Line Administrator, cites several key initiatives which help make this possible:

- Improved perioperative anesthesia (the ability to block nerves that cause pain)
- Minimally invasive surgical techniques
- Expedited rehab protocols
- Specialty training for the Center for Joint Replacement nursing staff
- For more information about this new opportunity, please call the Center for Joint Replacement at 1-888-44-JOINTS

"This is truly remarkable and in keeping with our plan to eventually provide a robust outpatient knee replacement program for patients seeking this new and progressive option."